

## CURRICULUM VITAE

**ELIZABETH WARSON, Ph.D., ATR-BC, LPC, NCC, EMDR III, EAP II, EXAT**  
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### CURRENT APPOINTMENT

- 7/2018-present     Equine Facilitated Psychotherapist, Triple T Haven
- 9/2013-present     Faculty, Trauma-Informed Practices and Expressive Arts Therapy  
Institute
- 6/2013-present     Managing Member of Healing Pathways, LLC:  
Arts-Informed Counseling and Consultation
- 1/2013-present     Founder/Executive Director, American Indian Art Therapy

### EDUCATION

- Graduate**            2002-2008. Ph.D., School of Education (CACREP)  
Colorado State University, Fort Collins, CO  
Education and Human Resource Studies, specialization in research
- 1991-1993. M.A., Graduate Art Therapy Program (AATA)  
Vermont College of Norwich University, Montpelier, VT  
Master of Arts in Art Therapy
- 1991-1992. Clinical Psychology Program (APA)  
Cleveland State University, Cleveland, OH  
Graduate level psychology coursework
- Undergraduate**    1984-1989. B.F.A., 5-year fine art & liberal arts program  
Cleveland Institute of Art, Cleveland, OH  
Bachelor of Fine Arts, Major: Fiber Arts, Minor: Painting

### PROFESSIONAL EXPERIENCE

- 2014-2017            Behavioral Health Specialist. Rocky Mountain Youth Clinics,  
Fort Collins, CO.
- 2009-2013            Assistant Professor. Graduate Art Therapy Program,  
The George Washington University, Alexandria, VA.

- 2004-2009 Assistant Professor. Graduate Art Therapy Program, Department of Psychiatry and Behavioral Sciences, Eastern Virginia Medical School, Norfolk, VA.
- 1998-2004 Private Practice. Fort Collins, CO.
- 2002-2003 Graduate Art Therapy Instructor. Naropa University, Boulder, CO.
- 1999-2001 Undergraduate Teaching Instructor. Department of Psychology, Front Range Community College, Fort Collins, CO.
- 2001 Undergraduate Teaching Instructor. Colorado State University, Fort Collins, Co.
- 1998-2001 Art Psychotherapist. Turning Point Center for Youth and Family Development, Fort Collins, CO.
- 1996-1997 Undergraduate Teaching Instructor. Department of Liberal Arts, Lake Erie College, Painesville, OH.
- 1996-1997 Art Educator. Department of Art Education. Cleveland Museum of Art, Cleveland, OH.
- 1993-1995 Art Psychotherapist. Community Dialysis Center, Inc., Cleveland, OH.
- 1991-1993 Counselor and Art Specialist. Children's Aid Society, Cleveland, OH.

**PUBLICATIONS** (in chronological order)

Warson, E. (in press). Bilateral artmaking, Manuscript submitted for publication.

Warson, E. (2022, February 22). Visual journaling: Health promotion through art and drawing. GoodTherapy. <https://www.goodtherapy.org/blog/visual-journaling-health-promotion-art-drawing>.

Sykes, D. & Warson, E. (2021). Equine-assisted expressive arts therapy curriculum (unpublished manuscript).

Fuller-Johnson, D. & Warson E., (2018). Dibaajimowin (stories): Health promotion through digitalized oral stories. In C. Malchiodi, (Ed.), *The handbook of art therapy and digital technology*. London: Jessica Kingsley.

Warson, E. (2014). Visual journaling. *The Newsletter of the Mental Health Connections Program*.

Sheingold, B.H., Warson, E., Lunsford, B., & Pintz, C. (2014). Using art therapy techniques for team building in distance education doctor of nursing practice student cohorts, *Journal of Interprofessional Healthcare*, 1(1) Article 4.

Available at: <http://www.jihonline.org/jih/vol1/iss1/4>

Warson, E., Taukchiray, W., & Barbour, S., (2013). Healing pathways: American Indian medicine and art therapy. *The Canadian Association for Art Therapy Journal*, 26(2), 33-38.

Warson, E. & Lorance, J. (2012). Physiological measures in art therapy evidence-based research. In C. Malchiodi, (Ed.), *Art Therapy and Health Care*. New York, NY: Guilford Press.

Warson, E. (2012). Healing across cultures: Arts in healthcare with American Indian and Alaska Native cancer survivors. In C. Malchiodi, (Ed.), *Art Therapy and Health Care*. New York, NY: Guilford.

Warson, E. (2012). Healing pathways: Art therapy for American Indian cancer survivors. *Journal of Cancer Education*, 27(1), DOI: 10.1007/s13187-012-0324-5

Basto, E., Warson, E., & Barbour, S. (2012). Exploring American Indian adolescents' needs through a community-driven study. *The Arts in Psychotherapy*, 39, 134-142 DOI: 10.1016/j.aip.2012.02.006

Warson, E. (2010). Healing arts with American Indian children. *Child Art Magazine: The Magazine of the International Child Art Foundation*.  
<http://www.icafe.org/whatwedo/childart.php>

Mercer, P., Warson, E., & Zao, J. (2010). Visual journaling: An intervention to influence stress, anxiety, and affect levels in medical students. *The Arts in Psychotherapy*, 37(2), 143-148.

Warson, E. (2009). Art-based narrative inquiry with Native American breast cancer survivors (Doctoral Dissertation, Colorado State University). Dissertation International Abstract Section A: Humanities and Social Sciences, 70(2-A), 2009, 487.

Warson, E. (2007). Art therapy for Native survivors. Mayo Cancer Clinic's *Spirit of EAGLES Newsletter*, 2, 5.

Warson, E. & Warson Purser, A. (2006). The house is blue, but the old lady ain't: Reflections on the life of Alice L. Moseley. *Art Therapy: Journal of the American Art Therapy Association* 23(4), 197-199.

Warson, E. & Stovall, K. (2005). Art Therapy. In J. A. Monteleone (Ed.) *A parents' and teachers' handbook on identifying and preventing child abuse*. St. Louis: G. W. Medical Publishing.

Warson, E. (2003). From foster care to Indian boarding school: Empowering Native youth. In Donna Betts (Ed.), *Creative Arts Therapies Approaches in Adoption and Foster Care: Contemporary strategies for working with children and families*. Springfield, IL: Charles C. Thomas.

Warson, E. (2002). From foster care to Indian boarding school: Empowering Native youth. *Connections: The Newsletter of the Mental Health Connections Program*.

Warson, E. (2002). Alternatives to managed care. *AATA Newsletter*, XXXV (3), 11.

Warson, E. (2002). Finding my way. *Journal of the American Art Therapy Association*, 19(2), 85-87.

Warson, E. (2002). Using art as a therapeutic tool. *The Forum: Association for Death Education and Counseling*, 28(5), 10.

Warson, E. (2001). 364 mind states. In B. L. Moon (Ed.), *Working with Images: The Art of Art Therapists*. Springfield, IL: Charles C. Thomas.

Warson, E. (1999). Edith Kramer: The artist. *The American Journal of Art Therapy*, 37, 99-100.

Warson, E. (1998). Feature: Art therapists who are artists. *The American Journal of Art Therapy*, 37, 66-68.

## **SELECTED PRESENTATIONS**

**Warson, E. "Restorative Visual Journaling." Restoring Self in the Aftermath of Trauma Conference, EEG/Learn. 2022.**

**Warson, E. "How does Bilateral Artmaking Help Develop Agency and Safety." Restoring Self in the Aftermath of Trauma Conference, EEG/Learn. 2022.**

**Warson, E. "Visual Journaling: A Promising Intervention for Stress Reduction." Expressive and Embodied Approaches: Reimagining Resilience & Self-Restoration, year-long program, Collectively Rooted. 2021.**

Warson, E., Keynote: "Healing Pathways through Art Therapy." 35<sup>th</sup> Annual BATA Symposium, Columbus, OH. 2016.

Warson, E., "Collaboration, Creativity, & Co-Construction: Emergent Methodologies in Arts & Health." Native Research Network 25<sup>th</sup> National Native Health Research Conference, Cherokee, NC. 2016.

- Warson, E. Seminario (Keynote): Enfoques de Arte Terapia para la Resiliencia y la Reduccion de Estres. Universidad Dr. Jose Matias Delgado, Antigua Cuscatlan, La Libertad, El Salvador. 2014.
- Belenkiy, E., Jacobs, B., Strictman, H., Goodman, R., & Warson, E., “Cross-Cultural Outreach and Multicultural Counseling: A Transformative Experience for Counseling Students.” 60-min. Clinician Education Session, American Counseling Association Conference, Orlando, FL. 2014.
- Warson, E., Woapiye Ocanku: Discovering Healing Pathways among the Oglala (Lakota).” Therapist Networking & Training, Connections Counseling, Fort Collins, CO. 2014.
- Warson, E., “Child-Centered Treatment Planning: A Strengths-Based Approach.” Woakipa Etan Woasniye (Healing from Trauma Conference), Knife Chief Buffalo Nation, Rapid City, SD. 2013.
- Warson, E., “Discovering Healing Pathways: Arts-Informed Counseling for American Indian Youth.” Woakipa Etan Woasniye (Healing from Trauma Conference), Knife Chief Buffalo Nation, Rapid City, SD. 2013.
- Warson, E., “Healing Pathways: American Indian Medicine and Art Therapy.” Changing Patterns of Cancer in Native Communities: Strength through Tradition and Science, Mayo Clinic Spirit of EAGLES tri-annual conference Albuquerque, NM. 2013.
- Warson, E., “Discovering Healing Pathways.” Banner Alzheimer’s Institute 10<sup>th</sup> Annual Conference, Parker, AZ. 2013.
- Warson, E., “Art Therapy and Dementia.” Banner Alzheimer’s Institute, Phoenix, AZ. 2013.
- Warson, E., Keynote: “Healing Pathways: Art Therapy with Indigenous Peoples.” International Conference on Art Therapy, Shenzhen, China. 2013.
- Warson, E. & Underbaggage, W., “Lakota Medicine Wheel.” Global Alliance for Arts and Health Conference, National Museum of the American Indian, Washington, DC. 2013.
- Warson, E., Keynote: “Healing Pathways: Art Therapy for American Indian Cancer Survivors.” Healing Arts Conference, Southern Alleghenies Museum of Art, Johnstown, VA. 2012.
- Warson, E., “Healing Pathways: Art Therapy for American Indian Cancer Survivors and Their Family Members.” Research Day, The George Washington University. Washington, DC. 2012

- Warson, E., "Healing Pathways: American Indian Medicine and Art Therapy." Presentation for the National Academy of Sciences, Washington, DC. 2011.
- Warson, E., "Healing Pathways: American Indian Medicine and Art Therapy." Presentation for The International Congress of Qualitative Inquiry. University of Illinois, Urbana, IL. 2011.
- Warson, E. "Depth and Breadth: Exploring Qualitative Research and Evaluation Methods." Presentation for the Society for the Arts in Healthcare. Stanford, CA. 2011.
- Warson, E. & Barbour, S. "Healing Pathways: Art Therapy for American Indian Cancer Survivors." Presentation for the North Carolina Governor's Conference on Aging, Durham, NC. 2010.
- Warson, E. "Art and Cancer." Presentation for The Mayo Cancer Clinic's Spirit of EAGLES 2010 conference: Changing Patterns in Native Communities, Seattle, WA. 2010.
- Warson, E., "Healing Pathways: Art Therapy for American Indian Cancer Survivors." Presentation for Columbian College's Research Team meeting, George Washington University. 2010.
- Warson, E. & Malchiodi, C. "Fostering Collaborations: Advancing Art Therapy Research and Practice." Paper presented at the Society for the Arts in Healthcare, Minneapolis, MN. 2010.
- Warson, E. & Malchiodi, C. "Promoting Self-Care through the Arts." Presentation for the community health coordinators from Fond du Lac Band of the Lake Superior Chippewa Reservation, MN. 2010.
- Warson, E. "Promoting Wellness through Visual Journaling." Paper presented at the Native American Cancer Survivorship Seminar, Denver, CO, August. 2009.
- Warson, E. "Preparing Students for Professional Practice: What Students and Educators Need to Know." Presentation for the American Art Therapy Association, Cleveland, OH. 2008.
- Warson, E. "Tailoring Recruitment to Minority Populations: African American and American Indian." Presentation for OHRP VCU conference, Richmond, VA. 2008.
- Warson, E. & NC Commission of Indian Affairs. "Healing Pathways: Art Therapy for American Indian Cancer Survivors." Presentation for EVMS Research Roundtable, VA. 2007.

- Warson, E., Malchiodi, C., Ehrlich, E., & Lark, C. "Ethical Independent Practice of Art Therapy." Panel presented at the American Art Therapy Conference, Albuquerque, NM. 2007.
- Warson, E. "Art Therapy with Native American Breast Cancer Survivors." Paper presented at the American Art Therapy Conference, Albuquerque, NM. 2007.
- Warson, E. "Healing Pathways: Art for Survivors." Poster presented at the NCI Office of Cancer Complementary and Alternative Medicine (OCCAM) conference, Bethesda, MD. 2007.
- Warson, E. "Healing Pathways: Art for Survivors." Paper presented at the Spirit of E.A.G.L.E.S. National Conference, Minneapolis, MN. 2007.
- Warson, E. "Healing Pathways: Art for Survivors." Poster Presented at Old Dominion University Research Day, Norfolk, VA, May, 2007.
- Warson, E. "Art Therapy with Native American Breast Cancer Survivors." Paper presented at the Society for The Arts in Healthcare, Nashville, TN. 2007.
- Warson, E. "Healing Pathways: Art for Survivors." Paper presented at the Spirit of E.A.G.L.E.S. southeast conference, Savannah, GA. 2007.
- Warson, E. "Art Therapy Projective Imagery Assessment." Poster presented at the American Art Therapy Association Conference, New Orleans. 2006.
- Warson, E. "Felting the Senses." Pre-conference course presented at the American Art Therapy Association Conference, New Orleans. 2006.
- Warson, E., Malchiodi, C., Gussak, D., & Lark, C. "The Art of Art Therapy Private Practice." Panel presented at the American Art Therapy Association Conference, New Orleans. 2006.
- Warson, E., Malchiodi C., & Stovall, K. "Art Therapy Research." Panel presented at the Society for Arts in Healthcare Conference, Chicago. 2006.
- Warson, E. "Art Therapy with Native American Breast Cancer Survivors." Paper presented at the Spirit of E.A.G.L.E.S. southeast conference, Wilmington, NC. 2006.
- Warson, E., Malchiodi, C., & Safran, D. "Starting from Scratch: The Art of Private Practice." Pre-conference course presented at the American Art Therapy Association Conference, Atlanta. 2005.
- Warson, E. & Lavergn, M. "Art, Somatic Resourcing, and IFS." Paper presented at the American Art Therapy Association Conference, Chicago. 2003.

Warson, E. "The Language of Metaphor: Art and Narrative Therapy." Paper presented at the American Art Therapy Association Conference, Washington, D.C. 2002.

Warson, E. "Dynamically-Oriented Grief Work." Paper presented at the American Art Therapy Association Conference, Albuquerque, NM. 2001.

## **PROGRAM EVALUATION & RESEARCH FUNDING**

### **Funded Grants**

PI: Janice Agazio, PhD, CRNP, LTC (Ret.), US Army  
Consultant: Elizabeth Warson, PhD, ATR-BC, LPC, NCC et al.  
Tri-Service Nursing Research Grant

"Young Children's Experience with Parental Separation During Military Deployment"  
2%    2/14-5/18    \$200,000

Purpose: The purpose of this study is to describe the experience of military duty-related separations/deployment for 60 children ages 4-10 years of age using a mixed methods concurrent embedded qualitative descriptive design

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC and Debra Johnson-Fuller  
Mayo Clinic Spirit of EAGLES pilot community grant  
"Health Promotion through Digitalized Oral Stories"

1%    11/14-12/14    \$1,000

Purpose: To pilot interventions for CRCAIH study

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC (AIAT, Ricky Gray Grass, & Red Nation)

Lannan Foundation

"Lakota Sacred Hoop Run"

5%    06/2013    \$4,000

Purpose: To evaluate the impact of the 30<sup>th</sup> annual Sacred Hoop Run for Pine Ridge Indian Reservation in SD.

Program Director: Elizabeth Warson, PhD, ATR-BC, LPC, NCC (Fiscal Sponsor Art Therapy Without Borders, Inc.)

Open Meadows Foundation

Sacred Isnati Awicalowanpi Ceremony

5%    07/01/13-07/01/14    \$2,000

Purpose: To provide an art therapy component to the Isnati Awicalowanpi (coming of age ceremony) for Lakota girls.

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC (sub award)

DARPA SBIR Phase I sub award (Prime: Kinecton)

"A Warrior's Story"

5%    1/2012 to 6/2012    \$12,000



Purpose: To serve as a research consultant on the development of a “Warrior Stories Platform,” a web-based digital authoring tool designed specifically for therapeutic use.

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC

National Endowment for the Arts

“Coharie Heritage Empowerment Project”

20% 6/2010 to 6/2012 \$40,000

Purpose: To develop a traditional cultural arts program and archival database for the Coharie Tribe.

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC (In Collaboration with the Oglala

Sioux Tribe)

Lannan Foundation

“Lakota Sacred Hoop Run”

2% 06/2012 \$2,000

Purpose: To support the 29<sup>th</sup> annual Sacred Hoop Run for Pine Ridge Indian Reservation in SD.

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC

American Cancer Society (Young Investigator’s Award)

"Healing Pathways: Art Therapy for American Indian Cancer Survivors"

20% 11/2009 to 1/2011 \$29,500

Purpose: To replicate and evaluate a piloted culturally relevant art therapy workshop, focusing on stress reduction for American Indian cancer survivors and their family members.

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC

University Facilitation Funds (George Washington University)

"Healing Pathways: Art Therapy and American Indian Medicine"

10% 7/2010 to 7/2011 \$5,000

Purpose: To provide a culturally-relevant workshop combining alternative or traditional American holistic practices with complementary forms of therapy, comprising art therapy and storytelling, for the Coharie and Waccamaw Siouan tribes.

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC

Spirit of EAGLES, Mayo Cancer Clinic

"Healing Pathways: Art Therapy for American Indian Cancer Survivors"

6% 8/2009 to 4/2010 \$5,000

Purpose: To replicate and evaluate a piloted culturally-relevant art therapy workshop, focusing on stress reduction for American Indian cancer survivors and their family members.

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC

Investigator team: Emily Basto, MS & Sadie Barbor (NC Commission of Indian Affairs)

EVMS Department of Psychiatry Scholarship

“Perceptions of Substance Use and Abuse in South Eastern American Indian Youth”

1% 1/2009 to 4/2009 \$1,300  
Purpose: To evaluate perceptions of substance use and abuse in a southeastern tribal community through a multigenerational community art program.

PI: Elizabeth Warson, ATR-BC, LPC, NCC, PhD(c)  
Society for the Arts in Healthcare and the Johnson & Johnson Foundation  
"Healing Pathways: Art for Survivors"

6% 1/2007 to 12/2007 \$10,000  
Purpose: To develop and evaluate a culturally relevant art therapy workshop as a means of stress reduction for American Indian cancer survivors and their family members.

### **IRB-Approved Pilot Research (GWU)**

PI: Elizabeth Warson PhD, ATR-BC, LPC, NCC  
Investigator Team: Cheri Marmarosh, PhD, Loring Ingraham, PhD, Lauren Hayes, MA, Kate Harinton, PsyD(c), Nisha Tracy, MA(c), & Annie Gittess BA(c)  
"The Effects of Mandala Imagery on Mood and Cortisol Levels in Adults"

2%  
Purpose: To examine the effects of coloring a pre-drawn mandala or a maze puzzle on cortisol levels and self-report measures in depressed adult patients.

PI: Elizabeth Warson, PhD, ATR-BC, LPC, NCC  
Investigator Team: Paula Howie, ATR-BC, LPC, Linda Gantt, PhD, ATR-BC, Lou Tinnen, MD, Heidi Bardot, ATR-BC, Donna Betts, PhD, ATR-BC, Tally Tripp, LICSW, ATR-BC, Lisa Garlock, ATR-BC

"The Effects of Graphic Narrative Trauma Processing in the Treatment of PTSD Symptomatology"  
10%  
Purpose: To examine the effects of a 4-week art therapy-based trauma protocol on reducing the symptoms of PTSD as compared to standard treatment of care in art therapy.

**Further experience in applications to NIH. Details available upon request.**

### **CLINICAL EXPERIENCE**

**Triple T Haven** **7/18-present**  
**Ault, CO**

Equine specialist (EAGALA model)

- Co-facilitate equine therapy sessions for trauma survivors
- Assist with fundraising activities and PR

**Faculty, Trauma-Informed Practices & Expressive Arts Therapy Institute**  
**9/13-present**

- Co-facilitate live workshops and webinar events for expressive therapists
- Co-developed level 1 & II trauma-informed practices curriculum

- Co-developed bilateral & sensorimotor expressive arts therapy curriculum
- Co-developed polyvagal-informed & sensorimotor expressive arts therapy curriculum
- Co-researcher for institute research lab

**Healing Pathways, LLC:** **5/13-present**  
**Arts-Informed Counseling and Consultation**  
**Fort Collins, CO**

- Provide supervision for art therapists seeking registration and licensure as a professional counselor
- Conduct individual, group, and family art therapy
- Facilitate arts-informed level II EMDR interventions for individuals  
Provide mindfulness and EMDR equine facilitated sessions
- Co-facilitate therapeutic riding program with Legacy Stables
- Facilitate training sessions specific to social and cultural diversity, stress reduction, and arts and health programming
- Consult with Universities and Healthcare Centers on arts-informed research
- Network provider for Poudre School District Employee Assistance Services
- Network provider for Foundation 1023 (first responders)

**American Indian Art Therapy, Inc.** **9/12-present**  
**Fort Collins, CO**

- Direct Summer Institute Programs for Pine Ridge Indian Reservation, providing community-based art therapy and counseling services for underserved areas
- Conduct culturally relevant stress reduction workshops in collaboration with the Coharie Tribe, Fond du lac Band of the Lake Superior Chippewa, and Oglala Sioux Tribe in addition to intertribal urban community centers
- Grant writer

**Rocky Mountain Youth Clinics** **1/14-8/17**  
**Centennial High School**  
**Fort Collins, CO**

- Facilitated three groups specific to wellness, resilience, and mindfulness-based stress reduction for students
- Conducted individual art therapy
- Facilitated crisis management interventions for students
- Initiated funded digital storytelling program (\$10,000)
- Directed spring “E-Week” program, in collaboration with Knife Chief Buffalo Nation, Pine Ridge Reservation, SD. Service learning project funded by Home Depot Grant (\$2,500)

**The George Washington University  
Graduate Art Therapy Program  
Alexandria, VA**

**7/09-6/13**

- Provided individual and group art therapy for American Indian and Alaska Native students enrolled in The George Washington University's Native American Political Leadership Program
- Faculty mentor for spring break undergraduate immersion program, Cherokee Nation, OK
- Conducted art-based stress-reduction workshops for undergraduate George Washington University students
- Practicum supervisor for graduate art therapy students

**Eastern Virginia Medical School  
Graduate Art Therapy Program  
Department of Psychiatry  
Norfolk, VA**

**8/04-5/09**

- Supervised graduate art therapy students in their adult internship placements: Naval Medical Center Portsmouth, VA; Hampton VA Medical Center; Virginia Beach Sentara Hospital; and domestic violence shelters
- Taught and supervised graduate art therapy students in trauma work, psychosocial interventions, and cultural competency
- Provided mentorship for community-driven research projects with underserved populations
- Implemented stress reduction workshops for medical students
- Developed online cultural competency and career counseling courses for distance learning program
- Supervised graduates for art therapy registration and licensure as professional counselor
- Engaged in continuing education through regular attendance at grand rounds, lectures, and seminars provided by the Eastern Virginia Medical School faculty and invited lecturers

**Private Practice, Fort Collins, CO**

**1998-2004**

- Contracted with the Colorado Department of Youth Corrections for individual art therapy
- Provider for the Poudre Valley School District
- Devised and implemented a curriculum for diversity workshops for Larimer County through Senate Bill 98
- Developed curricula for group art therapy focusing on cultural identity, anger management, body image, grief and loss, and posttraumatic stress disorder
- Conducted individual, family, and group art therapy
- Eye Movement Desensitization and Reprocessing practitioner (level 1)

- Spanish-speaking therapist for Mental Health Connections
- Provided pro bono services and participated in community mental health programs

**Turning Point Center for Youth and Family Development  
Fort Collins, CO**

**1998-2001**

- Agency Spanish-speaking therapist
- Developed a full-time art therapy program for day and residential treatment programs
- Devised and implemented a Medicaid-compliant art therapy curricula for anger management, grief and loss, and body image
- Administered art-based assessments as a screening tool for placement
- Developed an art therapy internship program
- Provided community outreach programming

**Community Dialysis Center, Cleveland, Ohio**

- Provided individual art therapy during dialysis treatment as a form of stress reduction
- Coordinated art exhibitions of patient artwork
- Developed an art therapy program for second dialysis center
- Developed an art therapy internship program
- Administered art-based assessments as a screening tool for depression

**University Hospitals of Cleveland**

- Conducted individual art therapy in pediatric unit for children and adolescents diagnosed with cancer, cystic fibrosis, and sickle cell anemia
- Administered art therapy projective assessments to evaluate coping mechanisms and adjustment variables

**Children's Aid Society, Cleveland, Ohio**

- Developed school-based art therapy program for a residential treatment program

**TEACHING EXPERIENCE**

**The George Washington University**

Graduate Courses:

*Fall:*

- ARTH 6292 Advanced Research (3) 30 hrs. (2009-2011)  
 ARTH 293.18 Practicum Supervision (1) 15 hrs. (2009)  
 ARTH 6292.10 Special Project: Research (1) 15 hrs. (2010-2012)  
 ARTH 6999 Thesis Research (3) 30 hrs. (2012)

*Spring:*

ARTH 230 Social and Cultural Diversity (3) 30 hrs. (2010)  
ARTH 220.10 Beginning Research Methods (3) 30 hrs. (2010)  
CNSL 6155 Career Counseling (3) 30 hrs. (2011-2013)  
ARTH 6292.10 Special Project: Research (1) 15 hrs. (2011)  
ARTH 6998 Thesis Research (3) 30 hrs. (2013)

*Summer:*

CNSL 255 Career Counseling (3) 30 hrs. (2010)  
ARTH 6235 Hybrid Online Social and Cultural Diversity (3) 30 hrs. (2011-2013)  
Summer Institute Program: American Indian Art Therapy (2010-2012)

**Eastern Virginia Medical School**

Graduate Courses:

*Fall:*

524 Processes & Materials of Art Psychotherapy I (2) 30 hrs.  
636 Cultural Competency (3) 45 hrs.  
538 Group Psychotherapy & Technique (3) 45 hrs.  
545 Adult, Couple, & Family Psychotherapy Skills (2) 30 hrs.

*Spring:*

549 Processes and Materials of Art Psychotherapy II (2) 30 hrs.  
625 Ethical and Professional Issues (3) 45 hrs.  
545/645 Adult, Couple, & Family Psychotherapy Skills (2) 30 hrs.

*Summer:*

652 Medical Art Therapy (1) 15 hrs.  
639 Career Counseling (3) 30 hrs.

Individualized or Tutorial Instruction (Graduate students, interns)

547 Individual Supervision I (1 hr./student, 3 students) 45 hrs

537 Research Methods (1 hr /student, 3 students) 45 hours

Thesis meetings (1 hr./student, 3 students) 90 hrs.

**Naropa University**

Group Psychotherapy

Clinical Supervision

**Front Range Community College**

Psychology

Art Therapy

Creativity and Madness

**Colorado State University**  
Art Therapy

**Lake Erie College**  
Art Therapy  
Art Appreciation

### **CLINICAL WORKSHOPS/CERTIFICATE TRAINING/LIVE WEBINARS**

“Expressive Arts Therapy, EMDR, & Sensory Integration.” Malchiodi, C. & Warson, E. Warson, E. Live webinar series, Trauma-Informed Practices & Expressive Arts Therapy Institute. 2022.

“Nature-Based Expressive Arts Therapy.” Malchiodi, C. & Warson, E. Live webinar series, level 1 certificate training, Trauma-Informed Practices & Expressive Arts Therapy Institute. 2022.

“Bilateral Stimulation & Sensorimotor Expressive Arts Therapy.” Malchiodi, C. & Warson, E. Live webinar series, Trauma-Informed Practices & Expressive Arts Therapy Institute. 2021.

“Ghost Ranch Retreat.” Malchiodi, C. & Warson, E., 3-day training at Ghost Ranch, Trauma-Informed Practices & Expressive Arts Therapy Institute, Abiquiu, NM. 2021.

“Nature-Based Expressive Arts Therapy.” Malchiodi, C. & Warson, E. Live webinar series, Trauma-Informed Practices & Expressive Arts Therapy Institute. 2021.

“Polyvagal-Focused & Sensorimotor Expressive Arts Therapy.” Malchiodi, C. & Warson, E. Live webinar series, Trauma-Informed Practices & Expressive Arts Therapy Institute. 2021.

Equine-Assisted Expressive Arts Therapy Level 1 Certificate Training. Warson, E. & Sykes, D. In-person training at Legacy Stables, Trauma-Informed Practices & Expressive Art Therapy Institute. 2021.

“Equine-Assisted Expressive Arts Therapy.” Warson, E. & Malchiodi, C. Live webinar series, Trauma-Informed Practices & Expressive Art Therapy Institute. 2021.

“Bilateral Stimulation & Sensorimotor Expressive Arts Therapy.” Malchiodi, C. & Warson, E. Live webinar series, Trauma-Informed Practices & Expressive Arts Therapy Institute. 2021.

“Polyvagal-Focused & Sensorimotor Expressive Arts Therapy.” Malchiodi, C. & Warson, E. Live webinar series, Trauma-Informed Practices & Expressive Arts Therapy Institute. 2020.

“Dibaajimowin (stories): Health Promotion Through Digitalized Oral Stories.” Johnson-Fuller, D. & Warson, E.A., Live webinar series, Trauma-Informed Practices & Expressive Arts Therapy Institute. 2020.

“Visual Journaling and Expressive Arts.” Malchiodi, C. & Warson, E., 3-day training, Trauma-Informed Practices & Expressive Arts Therapy Institute, Saskatoon, SK. 2019.

Visual Journaling. Malchiodi, C. & Warson, E., 3-day training at Ghost Ranch, Trauma-Informed Practices & Expressive Arts Therapy Institute, Abiquiu, NM. 2018.

Trauma-Informed Expressive Arts Therapy Level II. Malchiodi, C. & Warson, E., 3-day training, Trauma-Informed Practices and Expressive Arts Therapy Institute, Fort Collins, CO. 2018.

Visual Journaling. Warson, E., 2-day training, Poudre School District Summer Institute, Fort Collins, CO. 2018.

Trauma-Informed Expressive Arts Therapy Level I. Malchiodi, C. & Warson, E., 3-day training at Ghost Ranch, Trauma-Informed Practices & Expressive Arts Therapy Institute. Abiquiu, NM. 2017.

Trauma-Informed Expressive Arts Therapy Level I. Malchiodi, C. & Warson, E., 3-day training, Trauma-Informed Practices & Expressive Arts Therapy Institute. Anchorage, AK. 2017.

Mitakupe Summer Arts Program. Warson, E., co-lead art therapy program, Mitakupe Foundation, Pine Ridge Reservation, Porcupine, SD. 2016.

Visual Journaling. Malchiodi, C. & Warson, E., 3-day training, Trauma-Informed Practices & Expressive Arts Therapy Institute, Denver, CO. 2016.

Keynote Workshop: Ledger Art Journaling. Warson, E., 35<sup>th</sup> Annual BATA Symposium, Columbus, OH. 2016.

Keynote Workshop: Visual Journaling. Warson, E., 35<sup>th</sup> Annual BATA Symposium, Columbus, OH. 2016.

Visual Journaling Master Class. Malchiodi, C. & Warson, E., International Conference on Art Therapy, Hong Kong. 2016.

Sexual Assault Survivors’ Retreat. Iron Cloud-Two Dogs, E. & Warson, E. Sponsored by Rosebud Reservation, Bear Butte Lodge, SD. 2016.

Trauma-Informed Expressive Arts Therapy Level I. Malchiodi, C. & Warson, E., 3-day training, Trauma-Informed Practices & Expressive Arts Therapy Institute. Anchorage, AK. 2015.



Wakanyeja Woapiye Wicoti (Healing Camp for Lakota Children). Warson, E. (art therapist), Knife Chief Buffalo Nation, Black Hills & Porcupine, SD. 2014, 2015, & 2016.

Enfoques de Arte Terapia para la Resiliencia y la Reduccion de Estres. Warson, E., Taller, Universidad Dr. Jose Matias Delgado, Antigua Cuscatlan, La Libertad, El Salvador. 2014.

Visual Journaling Workshop. Warson, E.A. & Johnson-Fuller, D., Caregivers Gathering. Fond du Lac Human Services Division. Cloquet, MN. 2014.

“Art Therapy Approaches to Enhance Resilience and Reduce Stress.” Malchiodi, C. & Warson, E., 3-Day Trauma-Informed Practices training, Fort Collins, CO. 2014.

Visual Journaling Workshop. Warson, E., Changing Patterns of Cancer in Native Communities: Strength through Tradition and Science, Mayo Clinic Spirit of EAGLES tri-annual conference, Albuquerque, NM. 2013.

“Experiencing Healing Pathways.” Warson, E., visual journaling workshop for Native American Alzheimer’s patients and caregivers, sponsored by the Banner Alzheimer’s Institute and the Colorado River Tribes, Parker, AZ. 2013

“Art Therapy Approaches to Enhance Resilience and Reduce Stress.” Malchiodi, C. & Warson, E., 2-Day Trauma-Informed Practices training, Fort Collins, CO. 2013.

Lakota Medicine Wheel Workshop. Warson, E., Loud Hawk, A., & Blacksmith, R., Graduate Art Therapy Program, The George Washington University, Alexandria, VA. 2012.

Art Therapy Workshop. Warson, E., Native American Political Leadership Program, The George Washington University, Washington, D.C. 2010, 2011, 2012.

Pain Reduction Workshop. Warson, E. Pain Management Clinic, Fond du Lac Band, Cloquet, MN. 2011.

“Felting the Senses.” Warson, E., Therapeutic feltmaking workshop for cancer survivors, Native People’s Circle of Hope Conference, Billings, MN. 2011.

“Felting the Senses.” Warson, E., Therapeutic feltmaking workshop for professional art therapists, GW art therapy community and students. 2010.

“American Indian Art Therapy Celebration.” Warson, E., Community workshop and presentation for the Coharie Tribe, Clinton, NC, 2009, 2010.

"Felting the Senses." Warson, E. & Lorance J., experiential workshop for the American Art Therapy Association Conference, Cleveland, OH. 2008.

"De-stressing Through Imaging Work: Current Trends in EMDR." Warson, E., Riverside Behavioral Health Center, Hampton, VA. 2008.

"Drawing out Stress." Warson, E., Hampton University, Hampton, VA. 2008.

"Self-Care through Art Therapy." Warson, E., Strelitz Diabetes Center, Eastern Virginia Medical School, Norfolk, VA. 2008.

Masking Making Workshop." Warson, E., Spirit of E.A.G.L.E.S. Southeastern Alliance Conference. Savannah, GA. 2008.

"Healing Pathways: Art for Survivors." Warson, E., Psychiatry Ground Rounds, Eastern Virginia Medical School, Norfolk, VA. 2008.

Stress Reduction Art Therapy Workshop. Warson, E., North Carolina Senior Coalition Conference, Fayetteville, NC. 2007.

Stress Reduction Art Therapy Workshop. Warson, E., Cherokee Women's Wellness Center, Cherokee, NC. 2007.

Gang Prevention and Awareness Workshop. Warson, E., Teens against Violence Outreach, Norfolk State University, Norfolk, VA. 2006.

"Culturally Responsive Therapy." Warson, E., Psychiatry Ground Rounds, Eastern Virginia Medical School, Norfolk, VA. 2006.

"Narrative Therapy with Adolescents." Warson, E., Naropa University, Boulder, CO. 2003.

"Creative Approaches to Parenting Adolescents." Warson, E., Wonders of Women Conference, Fort Collins, CO. 2003.

"What the Heck does a Psychologist do Anyway?" Panel Presentation, Front Range Community College, Fort Collins, CO. 2003.

Mandala Workshop, Colorado State University. Warson, E., Fort Collins, CO. 2002.

"Trauma Work in Art Therapy." Warson, E., Art Therapy Association of Colorado, Boulder, CO. 2001.

"Starting from Scratch: Designing Your Own Art Therapy Program." Warson, E., Art Therapy Association of Colorado, Boulder, CO. 2001.

Guest speaker/group facilitator for Project Self-Sufficiency. Warson, E., Fort Collins, CO. 2000.

“Mi Vida Loca.” Warson, E., Expressive Therapies Conference, Denver, CO. 2000.

“Natural Tendencies.” Warson, E., Ashland College, Ashland, OH. 1995.

Guest speaker/group facilitator for cancer survivors. Warson, E., Cleveland Clinic, Cleveland, Ohio. 1995.

“Psyche and Soma.” Warson, E., presentation for Art Studio symposium, Cleveland, Ohio. 1994.

## **PROFESSIONAL DEVELOPMENT**

<b>Date</b>	<b>Title and Location</b>
<b>2022.</b>	<b>Restoring the Self in the Aftermath of Trauma Conference, EEG/Learn, 2-day virtual conference.</b>
2021	Collective Grief & Trauma Conference, Collectively Rooted, 3-day virtual conference
2021.	EquiLateral Training, Equine-Assisted EMDR, Pueblo, CO
2021.	EAGALA Certification Training, Parker, CO
2020	31 <sup>st</sup> Annual International Trauma Conference, Trauma Research Foundation, 3-day virtual conference
	How to Draw upon the Body to Cope: Adapt & Thrive in Challenging Times, Pat Ogden, Sensorimotor Psychotherapy Institute live webinar.
	Yoga-Informed Coping, Rebecca Kase, training webinar.
2018	EMDR Consultation Group, Shannon Yockey, Andrea Holt, Janet Wright, Fort Collins, CO
2017	Psychopharmacology: What You Need to Know About Psychiatric Medications, 2-day PESI training, Cheyenne, WY
	EMDR Consultation Group, Shannon Yockey, Andrea Holt, Janet Wright, Fort Collins, CO
2016	EMDR Basic Training, Janet Wright, Fort Collins, CO
2015	“Worth more than 1,000 words!—Using Clients’ Personal Snap Shots & Family Photos to Improve Therapy or Counseling Sessions: 2-Day Introduction to Phototherapy Techniques, Judy Weiser, Vancouver, Canada
2014	Trauma, Attachment, & Neuroscience, Bessel A. van der Kolk, Denver, CO
	Co-Morbidity of Eating Disorders and Substance Abuse Disorders. Elements Behavioral Health, Loveland, CO
2013	Global Alliance for Arts & Health International Conference, Washington, DC
	Mayo Clinic Spirit of EAGLES Tri-Annual Conference, Albuquerque,

- NM
- 2012
- Woakipa Etan Woasniye (Healing from Trauma Conference), Knife Chief Buffalo Nation, Rapid City, SD
  - Banner Alzheimer's Institute 10<sup>th</sup> Annual Conference, Parker, AZ
  - International Conference on Art Therapy, Shenzhen, China
  - Healing Arts Conference, Southern Alleghenies Museum of Art, Johnstown, VA
  - Art Therapy and Resilience, Trauma Informed Practices Institute, Silver Spring, MD
  - Arts Advocacy Day, The 2012 National Arts Action Summit, Washington, DC
- 2011
- Accelerated Traumatology Course (30 hours), Intensive Trauma Treatment, Morgantown, WV
  - Native People's Circle of Hope Conference, Billings, MT
- 2011
- Society for the Arts in Healthcare Conference, Stanford, CA
- 2010
- NC Conference on Aging, Raleigh, NC
  - Spirit of EAGLES Conference (National), Seattle, WA
  - Society for the Arts in Healthcare Conference, Minneapolis, MN
  - NIH Regional Conference, Philadelphia, PA
- 2009
- Native American Cancer Survivorship Seminar, Denver, CO
- 2008
- Spirit of EAGLES Conference (Southeastern), Savannah, GA
  - American Art Therapy Association Annual Conference, Cleveland, OH
  - North Carolina American Indian Youth Conference, Greensboro, NC
  - North Carolina American Indian Senior Coalition Conference, Fayetteville, NC
- 2007
- American Art Therapy Association Annual Conference, Albuquerque, NM
  - Society for the Arts in Healthcare Annual Conference, Nashville, TN
  - Spirit of EAGLES Conference (Southeastern), Savannah, GA
  - Office of Cancer Complementary and Alternative Medicine Conference, NIH campus, Bethesda, MD
  - Spirit of EAGLES Conference (National), Minneapolis, MN
  - "Cultural Considerations in Clinical Settings," Eastern Virginia Medical School, Janis Sanchez PhD, Norfolk, VA
  - "How to Establish, Manage, and Be HIPAA Compliant," IRB refresher course, Eastern Virginia Medical School, Norfolk, VA
- 2006
- American Art Therapy Association Annual Conference, New Orleans
  - Spirit of EAGLES Conference (Southeastern), Savannah, GA
  - Society for the Arts in Healthcare Annual Conference, Chicago
- 2005
- American Art Therapy Association Annual Conference, Atlanta, GA
- 2004
- American Art Therapy Association Annual Conference, San Diego, CA
  - "Promoting Multicultural Competence and Social Justice: A National Tour," National Institute for Multicultural Competence (NIMC), Colorado State University, Fort Collins, CO.
- 2003
- American Art Therapy Association Annual Conference, Chicago, IL
- 2002
- American Art Therapy Association Annual Conference, Washington, D.C.

- "Bridging Art Therapy and Sandplay: An Imaginal Perspective,"  
conference course, American Art Therapy Association Annual  
Conference, Washington, D. C
- 2001 "Treating Anxiety, Depression, and Anger Effectively with Albert Ellis,"  
Denver, CO  
Albert Bandura Symposium, University of Northern Colorado, Greeley,  
CO  
Dialectical Behavioral Therapy training session, Turning Point Center for  
Youth and Family Services, Fort Collins, CO  
Basic Training: Eye Movement Desensitization & Reprocessing (level 1),  
Mollie Geraci, Boulder, CO
- 2000 "Art Therapy for Narrative Processing of Trauma," conference course,  
American Art Therapy Association Annual Conference, St. Louis,  
MO  
Black Hills Seminars, Reclaiming Challenging Youth Conference,  
Rapid City, SD  
"Narrative Therapy: Re-Authoring Lives," Michael White Conference,  
Denver, CO  
Narrative Therapy Supervision Group, Fort Collins, CO  
Kaleidoscope Conference, Denver, CO
- 1999 Oppositional Defiant Disorder workshop with James Keim, Longmont,  
CO
- 1998 Anger Management training with Tom Jackson, Fort Collins, CO  
"Impact Therapy: Creative Counseling Techniques with Ed  
Jacobs," Fort Collins, CO

## **PROFESSIONAL CREDENTIALS**

- LPC Licensed Professional Counselor (Colorado & Virginia)
- NCC National Certified Counselor through the National Board of Certified  
Counselors (NBCC)
- A.T.R.-BC Registered Art Therapist, Board-Certified through Art Therapy  
Credentials Board (ATCB)
- EMDR III Eye Movement Desensitization and Reprocessing Advanced Practitioner  
Certified EMDR Therapist, Consultant-in-Training
- EXAT Expressive Arts Therapist, certified through Trauma-Informed Practices  
and Expressive Therapies Institute
- EAP II. Equine-Assisted Psychotherapist  
EAGALA Certified  
Trained in EquiLateral, Equine-Assisted EMDR

Certificate, Accelerated Traumatology Course (30 hours), Intensive Trauma Treatment, Morgantown, WV

## **PROFESSIONAL LEADERSHIP OPPORTUNITIES**

### **2021 to present Networking Coordinator, Northern CO, EAGALA**

- 2010 to present Advisory Council, Art Therapy Without Borders, Inc.
- 2008 to 2013 Board Member. Global Alliance for Arts & Health (formerly The Society for the Arts in Healthcare)
- 2012 to 2013 Chair, Business Case Task Force. Global Alliance for Arts & Health
- 2012 to 2013 Nominating Committee, The President's Council on Diversity and Inclusion, The George Washington University
- 2012 Board Member. Freedom in Creation
- 2010 Spirit of EAGLES Marketing Committee
- 2010 to 2013 Co-Chair Research Committee. The Society for the Arts in Healthcare
- 2009 to 2013 Conference Chair. The Society for the Arts in Healthcare
- 2004 to 2009 Minority Affairs Committee. Eastern Virginia Medical School
- 2002 to 2009 Chair of the Committee on Professional Practice. American Art Therapy Association
- 2001-2003 President of the Art Therapy Association of Colorado

## **PROFESSIONAL AFFILIATIONS**

- Global Alliance for Arts and Health
- Art Therapy Without Borders (ATWB)
- Trauma-Informed Practices and Expressive Arts Therapy Institute
- American Counseling Association (ACA)
- Professional Association of Therapeutic Horsemanship International (PATH)
- EMDRIA
- Native People's Circle of Hope

## **PROFESSIONAL REVIEW ACTIVITIES**

- 2012-present Member, Manuscript Reviewer, *Community Health Programs: Research, Education, and Action*

2013-present Member, Manuscript Reviewer, *Journal of Art for Life*

2010-present Member, Manuscript Reviewer, *The Arts in Psychotherapy*

### **HONORS AND AWARDS**

2017 Employee Recognition, Rocky Mountain Youth Clinics

2012 North American Association of Summer Sessions (NAASS) Creative and Innovative Award for the Overall Most Outstanding Program

2011 GW Course Development Grant for Hybrid Online Instruction

2008 Mayo Cancer Clinic Spirit of EAGLES Scholarship

2006 Barbara Rosenblum Scholarship for the Study of Women and Breast Cancer

2004 Ohio Arts Council Fellowship, Columbus, OH